



會 學 醫 港 香
The Hong Kong Medical Association

FOUNDED IN 1920-INCORPORATED IN 1960 AS A COMPANY LIMITED BY GUARANTEE
MEMBER OF WORLD MEDICAL ASSOCIATION AND CONFEDERATION OF MEDICAL ASSOCIATIONS IN ASIA & OCEANIA

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新聞稿

猩紅熱

近期，猩紅熱個案在香港及鄰近地區有增加的趨勢，患者通常為兒童。有鑑於此，香港醫學會聯同衛生防護中心，通過電子通訊系統向醫學會會員提供最新最快的資訊，以便及早診斷和盡快提供適當的治療，控制猩紅熱及其他由甲類鏈球菌引起的疾病。附上會員電子通訊副本供參考。

市民如出現發燒、咽喉痛、頸部腫脹及/或皮膚紅疹等徵狀，應盡早求醫。猩紅熱基本上以臨床診斷為主，但特定的測試，如鏈球菌抗原快速測試和細菌培植，可用於確診非典型的病例或其他病徵並不獨特的甲類鏈球菌疾病。

猩紅熱是一種可治療的疾病。雖然化驗結果顯示有更多細菌株對大環內酯類和四環素類抗生素存有抗藥性，但所有細菌株對盤尼西林沒有出現抗藥性。盡快以抗生素治療猩紅熱及其他甲類鏈球菌疾病（包括鏈球菌咽喉炎和扁桃腺炎）將減低傳染性及大大降低併發症的風險。一般需要至少十日的療程才可根除甲類鏈球菌。

為方便不同醫療組織間之聯絡，香港醫學會向衛生防護中心建議成立一個聯合聯絡小組，專門負責猩紅熱和其他甲類鏈球菌疾病等個案。

傳染病顧問委員會

二零一一年六月三十日

編輯備忘：

香港醫學會成立於一九二零年，旨在聯繫政府、各公立醫療機構、大學及私人執業的醫務工作者，交流意見，團結一心。醫學會致力將最新的醫療資訊及醫務發展傳遞與會員，提倡會員遵行專業操守，進而服務社會，維護民康。

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PRESS RELEASE

30 June 2011

Public Statement on Scarlet Fever

Increased number of scarlet fever cases has been observed recently in Hong Kong and neighboring areas, involving predominantly children. In view of this, the Hong Kong Medical Association, in collaboration with the Centre of Health Protection, has provided updated information to our members through our rapid communication system (RCS) to facilitate early diagnosis and prompt initiation of appropriate treatment for the control of scarlet fever and other diseases caused by Group A Streptococcus (GAS). A copy of the RCS message is attached for reference.

Members of the public are advised to seek medical attention if they develop fever, sore throat, neck swelling and / or skin rash. Scarlet fever is essentially a clinical diagnosis, but special tests, like rapid streptococcal antigen tests and cultures, are useful for the confirmation of atypical cases or other GAS diseases with less specific presentations.

Scarlet fever is a treatable disease. Although increased proportions of the bacterial isolates are resistant to macrolides and tetracyclines, all the isolates remain sensitive to the penicillin group of antibiotics. Prompt initiation of antibiotic treatment in scarlet fever and other diseases caused by GAS (including streptococcal pharyngitis and tonsillitis) will decrease infectiousness and greatly reduce the risk of complications. An adequate duration of treatment of at least 10 days is required to eradicate GAS.

To facilitate liaison of different health sectors, the Hong Kong Medical Association has also made a recommendation to Centre for Health Protection to form a joint liaison group specifically for scarlet fever and other GAS diseases.

Advisory Committee on Communicable Diseases

Notes to editors:

The Hong Kong Medical Association, founded in 1920, aims to bring together Hong Kong's government, institutional, university and private medical practitioners for an effective exchange of views and co-ordination of efforts. The foremost objective of the Association is to safeguard and promote public health. The Association speaks collectively for its members and aims to keep its members abreast of medical ethics, issues and advances around the world. In fulfilling these goals, the association hopes to better serve the people of Hong Kong.

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